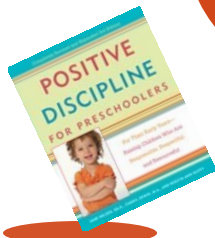


January/Feb 2012

CVAS Parenting Program at Horizon Hills presents

# Positive Discipline Workshops



With Bonnie Vandenberg,  
Certified Positive Discipline Educator

Winter 2012

**Level 2**

*For those who have previously taken any PD Introduction workshop.*

Wednesdays 7-9pm  
January 11, Jan 25,  
Feb 8, Feb 22

**Intro PD Workshop**  
Wednesdays 7-9pm  
January 18, Feb 1,  
Feb 15, Feb 29

Cost: \$50 per person  
per 4 week session

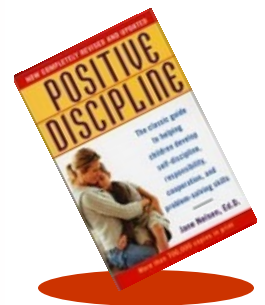
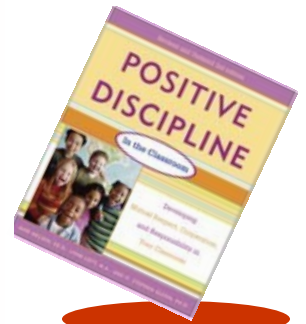
Positive Discipline is based on the belief that all children deserve dignity, respect, and opportunities to develop self-discipline, responsibility, cooperation, and problem-solving skills.

**All workshops include:**

- Role-playing scenarios...
- Group problem-sharing/solving...
- Helpful literature...

**Level 2 topics expand on:**

- ◆ Anger Management
- ◆ Age-related behavior
- ◆ Sibling Rivalry
- ◆ Parenting Together, Your way/My way



CVAS Parenting  
Program at Horizon Hills

33 Greta Street  
Thousand Oaks

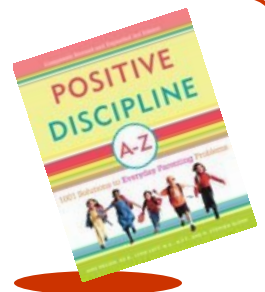
805-492-8837  
Call to Register

*Come for your child,  
stay for yourself.*

**Where:** Room 14, Horizon Hills campus

**Minimum number to enroll:** 12 students  
(Adults only, no children)

**Enrollment details:** Register with the  
Horizon Hills office: 805-492-8837.



*Teacher Bio: Bonnie Vandenberg is a Certified Positive Discipline Educator, trained personally by Jane Nelsen, Ed.d. She also holds an Adult Education Credential, is an Early Childhood Educator, and is a former student and current teacher at Horizon Hills Parenting program. Bonnie entered the field of Parenting Education in order to help spread peace, one person at a time. Her e-mail address is [bonniefv@yahoo.com](mailto:bonniefv@yahoo.com).*